

BREAKFAST

SERVED UNTIL 11, ALL DAY ON SUNDAYS

BREAKFAST TACOS

HOUSEMADE CHORIZO, HABANERO CHEDDAR, SCRAMBLED *EGG, AVOCADO, RANCHERO SAUCE \$8

VEGAN WRAP

SCRAMBLED TOFU, KALE, GREEN TOMATO RELISH, SWEET POTATO, ASPARAGUS \$7

BREAKFAST BISCUIT

COUNTRY SAUSAGE, *EGG, HOOP CHEDDAR CHEESE, ROASTED TOMATO, SECRET SAUCE \$8

BLT&E ON C

BACON, LETTUCE, TOMATO, & *EGG ON CROISSANT \$7

TURKEY SUMTHIN

HOUSEMADE TURKEY SAUSAGE ON A BAGEL WITH HAVARTI, ARUGULA, AND HERBES DE PROVENCE WITH WAKE ME UP SAUCE \$8

CAST IRON BISCUITS

WITH SEASONAL JAM \$5

BLUEBERRY BANANA ACAI BOWL

WITH KIWI, TOASTED ALMOND, MANGO, TOASTED COCONUT, AND HONEY \$6

AVOCADO TOAST

WHOLE GRAIN BREAD WITH SMASHED AVOCADO, OLIVE OIL, AND SEASONAL TOPPING \$7
ADD *EGG \$2

CHIA SEED PUDDING

COCONUT MILK, CHIA SEEDS, FRESH BERRIES, MINT \$5

YOGURT PARFAIT

YOGURT, LEMON CURD, GRANOLA, BERRIES \$5

CRANBERRY CARDAMOM BIRCHER MUESLI

FLAX SEED, OATS, TOASTED COCONUT, ALMONDS, PUMPKIN SEEDS, CINNAMON, CRANBERRY, CARDAMOM, ALMOND MILK \$5

GRAB & GO PASTRIES

MUFFINS, DANISH, BREAKFAST BARS, BAGELS

SMØRREBRØD

SMØRREBRØD - AN OPEN FACE SANDWICH USUALLY ON A DENSE RYE BREAD WITH A SCHMEAR OF BUTTER THEN TOPPED WITH SEASONAL INGREDIENTS AND FRESH PROTEINS

ROAST BEEF SMØRREBRØD

SMOKED GOUDA, ARUGULA, MARINATED PEPPERS, OLIVE, PESTO BUTTER \$8

*SALMON SMØRREBRØD

ROASTED TOMATO & PEA RELISH, SAVOY CABBAGE SLAW, LEMON AIOLI AND POTATO CRISPS \$8

CHIOGGA BEET & HUMMUS SMØRREBRØD

CUCUMBER SALAD, FETA, CORNICHON BUTTER, MICROGREENS, TOASTED CASHEWS \$8

SANDWICHES

11 TO CLOSE. SERVED WITH A SIDE

SOUTHWEST CHICKEN

CHICKEN BREAST STRIPS, GRILLED PEPPERS & ONIONS, MANGO, CILANTRO AND A CHILI LIME MAYO ON BAGUETTE \$10

BIG BUBBA

BEEF BRISKET, HOOP CHEDDAR CHEESE, BACON, TOMATO, BALSAMIC MARINATED ROASTED ONIONS, AND SPECIAL SAUCE ON BRIOCHE \$12

CHLOE

CHICKEN SALAD WITH TARRAGON AND GRAPES ON CROISSANT WITH MIXED GREENS AND TOMATO \$9

JUSTIN

BACON, PIMENTO CHEESE, ROASTED TOMATO, SOURDOUGH \$9

JOCO MELT

PULLED PORK, GREEN TOMATO RELISH, KALE SLAW, DOWN EAST MUSTARD BBQ SAUCE, ASHE COUNTY HABANERO CHEDDAR ON SOURDOUGH \$10

THE LEFTY

LETTUCE, GUACAMOLE, BACON, AND TOMATO WITH TABASCO LIME AIOLI ON TEXAS THREE SEED \$10

AAAH MELT

ASPARAGUS, ARUGULA, AVOCADO, DILL HAVARTI, BASIL PESTO ON TEXAS THREE SEED \$10

FARMHOUSE GARDEN SAMMIE

CUCUMBER, SPROUTS, SHREDDED CARROT, PICKLED RED CABBAGE, TOMATO, ZUCCHINI, AVOCADO, ON TEXAS THREE SEED \$9

SALADS

MESA BOWL

SWEET POTATO, ROASTED CORN, QUESO FRESCO, BLACK BEAN SALAD, AVOCADO, QUINOA, MICRO GREENS AND CILANTRO LIME VINAIGRETTE. \$10

MEDITERRANEAN BOWL

OLIVE TAPENADE, CUCUMBER, FETA, RED ONION, ARTICHOKE, SPINACH, QUINOA, TOMATO BASIL SALAD, ACAI BERRY VINAIGRETTE DRESSING \$10

ITALIAN CHOPPED

MIXED GREENS TOSSED WITH SALAMI, TOMATO, CHICKPEAS, TOMATO, CUCUMBER, FRESH MOZZARELLA, OLIVE, PEPPERONCINI, & ITALIAN VINAIGRETTE \$11

FARMHOUSE SALAD

MIXED GREENS WITH CUCUMBER, MARINATED TOMATOES, CARROTS, DRIED CRANBERRIES, AVOCADO, BALSAMIC VINAIGRETTE \$7

ADD PROTEIN

CHICKEN SALAD \$4 GRILLED CHICKEN \$4
BEEF BRISKET \$5 *SALMON \$5

SMOOTHIES & SWEETS



FARMHOUSE
CAFE

LIFE IS UNCERTAIN. EAT DESSERT FIRST.

SMOOTHIES \$5

SUPER SMOOTHIE

BANANA, YOGURT, KALE, CHIA SEED, OATS, BLUEBERRY

FUNKY MONKEY

COCOA POWDER, PEANUT BUTTER, BANANA, YOGURT

SMOOTH KIWI

KIWI, STRAWBERRY, BANANA, YOGURT, AGAVE

PINK LASSI

STRAWBERRY, CRANBERRY, RASPBERRY, YOGURT

MEAN GREEN

SPINACH, AVOCADO, KALE, APPLE JUICE

BERRY BERRY BLAST

ACAI BERRY, BLUEBERRY, STRAWBERRY, OAT MILK

HAWAIIAN FROSTY

COCONUT MILK, PINEAPPLE, BANANA, YOGURT

RISE AND SHINE

MANGO, ORANGE JUICE, BANANA, PINEAPPLE

SMOOTHIE ADD INS \$1

CHIA SEEDS
WHEY PROTEIN
FLAX SEED
PEANUT BUTTER
VEGAN PROTEIN POWDER

ICE CREAM

WE PROUDLY SERVE LUMPYS ICE CREAM UTILIZING MAPLEVIEW FARMS CREAM. ASK ABOUT OUR SEASONAL FLAVORS!

ICE CREAM BY THE SCOOP \$3

CHOCOLATE HONEY ALMOND

VANILLA BOURBON BACON

SEASONAL OFFERING

HANDSPUN SHAKES \$4

CHOCOLATE

VANILLA

BANANA CHOCOLATE

MOCHA

HONEY VANILLA

CARAMEL VANILLA

SUNDAE TREATS \$6

JESSIE'S FAVORITE

HONEY ALMOND ICE CREAM, CHOCOLATE SYRUP, WET WALNUTS, WHIPPED CREAM, EXTRA CHERRIES

DRUNKEN ELVIS

BOURBON BACON ICE CREAM, REESE'S PEANUT BUTTER SAUCE, BANANA, WHIPPED CREAM, CRUMBLER BACON

LEMON DREAM

VANILLA ICE CREAM, LEMON CURD, LAVENDER SYRUP, WHITE CHOCOLATE, WHIPPED CREAM

WHOLE MESS OF CHOCOLATE

CHOCOLATE ICE CREAM, BROWNIE, CHOCOLATE SAUCE, COCOA PUFFS, WHIPPED CREAM, CHOCOLATE SPRINKLES

CLASSIC NANNER SPLIT

BANANA, CHOCOLATE ICE CREAM, VANILLA ICE CREAM, CHOCOLATE SAUCE, STRAWBERRY SAUCE, CARAMEL SAUCE, WET WALNUTS, WHIPPED CREAM, CHERRIES

SMORES SUNDAE

HONEY ALMOND ICE CREAM, GRAHAM CRACKERS, CHOCOLATE SAUCE, MARSHMALLOWS, WHIPPED CREAM

FLOATS \$4

COKE WITH VANILLA ICE CREAM

ORANGE WITH VANILLA ICE CREAM

ROOT BEER WITH VANILLA ICE CREAM

VERNORS GINGER ALE WITH VANILLA ICE CREAM

AFFOGATO ESPRESSO WITH VANILLA ICE CREAM

BROWN COW VANILLA SODA WITH CHOCOLATE ICE CREAM

KIDS MENU

QUESADILLAS - CHEESE \$4 CHICKEN \$5

GRILLED CHEESE SHARP CHEDDAR ON SOURDOUGH \$4

PBBH PEANUT BUTTER, BANANA, & HONEY ON MULTI \$5

GRILLED CHICKEN SANDWICH WITH RANCH & BACON ON BRIOCHE \$6

CHEESE PIZZA WITH TOMATO SAUCE \$5

ALL KIDS ITEMS COME WITH CHIPS,
FRUIT OR SIDE SALAD

WE BELIEVE PERSONAL CONNECTIONS ARE BEST FOSTERED OVER FOOD & DRINK. COME MEET YOUR NEIGHBORS, FELLOW RESIDENTS OF THE TRIANGLE, AND ENJOY HEALTHY, LOCAL FOOD & DRINKS.